



Sensory Impaired Support Group (Charity)

WELLBEING CAFES

We are offering Older People with Hearing and/or Sight Loss the opportunity to join others and find friendship, connections and emotional support over a coffee and chat.

Individuals will gain invaluable information/advice on how to increase their sense of wellbeing.

Coffee, Tea & Cake provided

Alloway (The Burns Centre)

3rd Tuesday of each month 2.00pm - 3.30pm

Ayr (Smith's Restaurant)

3rd Wednesday of each month 10.30am - 12.00pm

Troon (Loans Inn)

1st Thursday of each month 10.30am - 12.00pm



For more information please call our charity 01292-266791

or e-mail denise@sisg.co.uk

or check out our website www.sisg.co.uk