



Sensory Impaired Support Group (Charity)

WELLBEING CAFES

We are offering Older People with Hearing and/or Sight Loss the opportunity to join others and find friendship, connections and emotional support over a coffee and chat.

Individuals will gain invaluable information/advice on how to increase their sense of wellbeing.

Coffee, Tea & Cake provided

Ayr (Smith's Restaurant)

3rd Wed of each month 10.30am - 12.00pm

Alloway (The Burns Centre)

3rd Tuesday of each month 2.00pm - 3.30pm

Ayr (Venue TBC)

4th Friday of each month 10.30am - 12.00pm



For more information please call our charity 01292-266791

or e-mail denise@sisg.co.uk

or check out our website www.sisg.co.uk

Funded by - Alliance & Mental Health / Foundation Scotland / National Lottery
/ Wellbeing Fund (EA) / Wellbeing Fund (SA)